

**Short Resume:**

2019 - ongoing METU, Physical Education and Sports, Phd, Ankara

2014 - 2019 METU, Physical Education and Sports, MSc, Ankara

2008 - 2013 Hacettepe University, English Linguistics, BA, Ankara

Alena is a PhD student at Middle East Technical University in the department of Physical Education and Sports. Her main research interests are the coach-athlete relationship, instructional design in sport, and recovery of athletes.

During her career as an athlete in Dance Sport, she represented Turkey at International Championships in Germany, Bulgaria, Latvia, Ukraine, and Romania. She started coaching in Dance Sport at Hacettepe University in 2009 and currently working with the Ankara Just Dance Sports Club as the main coach.

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