

Ms Theodora (Dora) Papadopoulou, MD, BSc (Sport Science), PGDip (SEM), MSc (Sport. Injuries), PhD (Sport Med Research), FEBSM is a Consultant in Sport and Exercise Medicine and an Orthopaedic Surgeon. She is a Certified Sport Scientist and Sport Medicine Instructor. She is the Lead Consultant for Hip and Groin section, and for the Military Hip Rehabilitation Outcome Study (MILO) at the UK Defence Medical Rehabilitation Centre, Stanford Hall.

Since 1998, Dora has been a Visiting Lecturer for a range of Universities, lecturing students in Sport and Exercise Medicine.

Her PhD major research, for which she has received prize award, was dedicated to the ultrastructure and the morphology of the articular cartilage of the knee joint.

She is the Secretary of the Development Commission of the International Federation of Sport Medicine (FIMS); the Secretary General of the European Federation of Sport Medicine Associations (EFSMA); she served at the Executive Board Member of the British Association of Sport and Exercise Medicine (BASEM). In the past she has also served as an executive board member and as an As Secretary of the Greek Association of Sport Medicine.

She has also worked for various sports events, including, Olympics, Paralympics and Special Olympics in different roles. She is the Doctor for the International Ultramarathon Spartathlon and the British Spartathlon team. She is working in various scientific Sport Medicine projects and topics and promoting exercise as a preventative intervention and treatment in various medical conditions.

Dr Papadopoulou has authored numerous papers in various scientific journals, and she has presented internationally on Sport and Exercise medicine topics. She has participated in numerous organising and scientific committees in many Sports Medicine conferences. At national level she was the chair of the annual BASEM Conference in 2019 and the chair for the Spring BASEM Conference 2021.

She is keen volunteer, passionate about sport ethos and extremely zealous about development of Sport and Exercise Medicine. Olympism is one of the cornerstones of her philosophy of life.

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