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Luís Horta is a physician specializing in Physical Medicine and Rehabilitation and in Sports Medicine, acting as Coordinator of the Teaching and Research Centers of Centro Hospitalar Universitário Lisboa Central, EPE, member of the Anti-Doping Disciplinary Commission of Portugal and Visiting Assistant Professor at Nova Medical School, from Universidade Nova de Lisboa. He held various positions in Public Sports Administration in Portugal and Brasil, between 1996 and 2016, in the scope of Sports Medicine and Anti-Doping. He has held various positions on commissions at the World Antidoping Agency and was chairman of the Monitoring Group and Science Advisory Group of the Council of Europe Antidoping Convention. He holds a PhD in Medicine from the Faculty of Medicine of the University of Porto and served as Visiting Associate Professor at the Universidade Lusófona between 1993 and 2014. He was a High Competition Athlete in the Athletics.