

## SHORT RESUMÉ: LOUIS HOLTZHAUSEN

Dr Louis Holtzhausen is Deputy Chief of Sports Medicine at Aspetar Orthopaedic and Sports Medicine Hospital in Doha, Qatar, and Assistant Professor of Clinical Medicine at Weill-Cornell Medical College in Qatar, and the Director of the Aspetar Sport Concussion Program. He holds an M Phil (Sports Medicine) from the University of Cape Town, a Fellowship of the Academy of Family Physicians of South Africa, a PhD in Health Professions Education and a Fellowship of the American College of Sports Medicine. He is the former head of the Division Sport and Exercise Medicine at the University of the Free State in South Africa, with more than 20 years' experience in teaching sport and exercise medicine and biokinetics. He has been a team physician for many professional sports teams including athletics, rugby, cricket, hockey and the South African Olympic team. Dr Holtzhausen is a former chairperson of the Doping Control Review Board of the South African Institute for Drug Free Sport and the founding chairperson of Exercise is Medicine™ in South Africa and served on the International Advisory Board of the Global Exercise is Medicine movement. He is a past president, honorary and life member of the South African Sports Medicine Association (SASMA). His current interests include sport related concussion, sleep disturbances in the athlete, and intercultural evidence-based sports medicine.