

PROFESSOR CHRISTA JANSE VAN RENSBURG

Short biographical sketch

Professor Janse van Rensburg is a Rheumatologist and Sports Physician and the Head of Section Sports Medicine at the University of Pretoria where she trained more than 80 post-graduate students to become sports physicians. She is the current President of the South African Sports Medicine Association (SASMA). She is a Fellow of the American College of Sports Medicine (ACSM) and was selected as Member of the Scientific Committee of the International Olympic Committee (IOC) World Conference on Prevention of Injury and Illness in Sport (Monaco, 2020). She is also a board member of the medical committee of the International Netball Federation (INF). She regularly presents at national and international conferences, including several of the IOC Advanced Team Physician Courses, and various ACSM annual meetings. She was also a keynote speaker at several conferences. She is a National Research Foundation (NRF) rated researcher with an excess of 100 articles in peer-reviewed journals. She also serves on the editorial board of the British Journal of Sports Medicine (BJSM) and the American Journal of Physical Medicine and Rehabilitation (AJPMR) and further contributes to education by writing blogs and participating in podcasts. A blog that she co-authored on “Should people wear face masks during exercise” was the most downloaded blog on the BJSM platform in 2020. She accompanied many sports teams as a sports physician, including the SA Olympic team to Athens.